

Updated 8/10/15

August 2015—Oswego East Girls' Cross Country

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9	10 *Captains' Practice	11 Midnight Run Wear neon/glow sticks/flashlights! Practice 12:00-1:00am	12 Practice 2:45 pm Fall Sports Begin!	13 Practice 2:45 pm	14 Practice 2:45 pm	15 Practice 8:00 am
16	17 Practice 2:40 pm Parent Athlete Meeting (All Sports, followed by Cross Country Meeting)	18 Practice 2:40 pm	19 Practice 3:45 pm Team Pictures?	20 Practice 2:40 pm	21 Practice 2:40 pm B/S Scrimmage 4:00-8:00 pm	22 Practice 8:00 am
23	24 Yorkville Invite Bus 2:45 pm	25 Practice 2:40 pm	26 Practice 3:45 pm	27 Home (Crossroads) vs. Plainfield Central Bus 2:45 pm	28 Practice 2:40 pm Runathon Fundraiser!	29 Practice 8:00 am

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Check out our Website!!!
<http://runningoehs.weebly.com>
<http://oehsdistance.weebly.com>

September 2015—Oswego East Girls' Cross Country

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31 Practice 2:40 pm	1 Practice 2:40 pm	2 Practice 3:45 pm	3 Practice 2:40 pm	4 Practice 2:40 pm (All Runathon \$ Due!)	5 TF South Invite Bus 6:30 am
6	7 No School—Labor Day Practice 8:00 am	8 Practice 2:40 pm	9 St. Viator Bus TBD	10 Practice 2:40 pm	11 Practice 2:40 pm *Leave for Peoria (Varsity Only)	12 Peoria First to the Finish Invite at Detweiller (Peoria)
13	14 Practice 2:40 pm	15 Homecoming Meet at Crossroads vs. Plainfield East Bus 2:45 pm	16 Practice 2:40 pm	17 Practice 2:40 pm	18 Practice 2:40 pm	19 Practice 8:00 am
20 Fox Valley Marathon Volunteering	21 Practice 2:40 pm	22 Home (Crossroads) vs. Minooka Bus 2:45 pm	23 Practice 3:45 pm	24 Practice 2:40 pm	25 Naperville Invite Bus 3:15 pm *Girls Only	26 ACC Charger Invite Bus 7:00 am *Boys Only Girls Practice 8:00 am

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October-November 2015—Oswego East Girls' Cross Country

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28 Practice 2:40 pm	29 Practice 2:40 pm	30 Practice 3:45 pm	1 Practice 2:40 pm	2 Practice 2:40 pm	3 Niles West Invitational Bus 7:00 am
4	5 Practice 2:40 pm	6 Practice 2:40 pm	7 Practice 3:45 pm	8 Practice 2:40 pm	9 Practice 2:40 pm	10 West Aurora Stampede Bus 6:30 am
11	12 No School Practice 8:00 am Bus to course	13 Practice 2:40 pm	14 Practice 3:45 pm	15 Practice 2:40 pm	16 Practice 2:40 pm	17 Conference Bus TBD
18	19 Practice 2:40 pm	20 Practice 2:40 pm *Bus to course	21 Practice 3:45 pm	22 Practice 2:40 pm	23 Practice 2:40 pm	24 Regionals Bus TBD
25	26 Practice 2:40 pm	27 Practice 2:40 pm *Bus to course	28 Practice 3:45 pm	29 Practice 2:40 pm	30 Practice 2:40 pm	31 Sectionals Bus TBD
1	2 Practice 2:40 pm	3 Practice 2:40 pm	4 Practice TBD	5 Practice TBD	6 Practice TBD	7 State!

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