

9/29/18 at Wheaton North Flight Meet

Athlete	Mile 1	2 Miles	Mile 2	Finish	Mile 3	Fr/So Place	Open Place	Varsity Place	Mile to Go	Last Year PL	Last Year Time	Split from #1	Last Year Difference
Zaremski, Maddie	5:42	11:45	6:03	17:35	5:50				4				
Ede, Morgan	5:56	12:10	6:14	18:14	6:04				2	7 4th F	18:40		0:26
Sim, Katherine	6:04	12:23	6:19	18:16	5:53				3	4 3rd F	18:37		0:21
Allen, Naylah	6:03	12:35	6:32	18:55	6:20				8	84 F/S	22:09		3:14
Clark, Ana	6:22	13:03	6:41	19:28	6:25	9							
Gall, Elyssa	6:06	13:00	6:54	19:39	6:39				12	15 7th F	20:47		1:08
Barroso, Ana	6:15	13:05	6:50	19:41	6:36				11				
Mendoza, Liliana	6:19	13:06	6:47	19:42	6:36				7	56 F/S	22:09		2:27
Amer, Maddi	6:17	13:10	6:53	19:42	6:32	14							
Dunn, Katie	6:28	13:21	6:53	20:06:00	6:45	28							
Allgaier, Leah	6:40	13:36	6:56	20:11	6:35	30							
McKillip, Emma	6:31	13:33	7:02	20:12	6:39			26		19 F/S	20:05		0:07
Sim, Kathleen	6:31	13:33	7:02	20:20	6:47			29		38 J/S	20:47		0:27
King, Hannah	6:45	13:52	7:07	20:43	6:51	56							
Murphy, Meghan	6:48	14:04	7:16	20:59:00	6:55			50		42 F/S	20:58		0:01:00
Garcia, Sam	6:45	14:11	7:26	21:09:00	6:58	73				27 F/S	20:17		0:52:00
Salmeron, Emily	6:40	14:14	7:34	21:20:00	7:06	84				41 F/S	20:57		0:23:00
Castelan, Yocie	7:05	14:38	7:33	21:37:00	6:59	96							
Goduto, Angie	6:52	14:29	7:37	21:38:00	7:09	97				75 F/S	22:09		0:31
Viano, Gaby	6:58	14:50	7:52	22:10:00	7:20			89					
Sniegowski, Madison	7:22	15:12	7:50	22:48:00	7:36	135							
Banks, Mallory	7:05	15:37	8:32	23:30:00	7:53	155							
Patterson, Ellery	7:35	16:10	8:35	24:08:00	7:58	177				108 F/S	23:18		0:50:00
Wilke, Lanaya	7:45	16:16	8:31	24:26:00	8:10	183							
Hemmer, Emily	8:06	16:49	8:43	24:40:00	7:51			177					
Wolf, Becca	8:06	16:49	8:43	25:05:00	8:16			190					
Lopez, Jess	8:11	17:59	9:48	26:54:00	8:55			221		157 F/S	26:47:00		0:07:00
McGavin, Mary													
Webb, Kara													
Krapez, Marie													
Scheerenberger, Kitty													
Ede, Molly													
Hartigan, Nicky													

Team Results:					
Varsity:					
New Trier	22	1			
York	27	2			
Mahomet Seymour	41	3			
Hersey	46	4			
Oswego East	47	5			
Lockport	48	6			
Benet	54	7			
St. Charles East	56	8			
Waubonsie Valley	56	9			
Wheaton North	66	10			
		11			
		12			

**Coach Notes:** I want to echo what I found in doing comparisons and PRs from our split sheets. Some major accomplishments today! Something else to note is that many of you who are not mentioned here did, in fact, have great races as well. Not to downplay those, but we need to celebrate some of these huge PRs and milestones! These were the PR's from this season: Madison S: 1:59, Emily H: 1:06, Angie G: 1:05, Lanaya W: 1:02, Maddi A: 0:47, Yocie C: 0:46, Katie D: 0:45, Ana C: 0:44, Katherine S: 0:42, Lili M: 0:39, Meghan M: 0:37, Elyssa G: 0:30! Here were the major milestones accomplished today: Naylah sub 19! Ana C, Maddi A, and Liliana M sub 20! Meghan sub 21! Yocie C and Angie G sub 22! Madison S jumped from just under 25 to sub 23! Lanaya and Emily H sub 25! Jess sub 27! We are getting the missing pieces into place and on our way to a top SPC performance and team qualifications for both Sectionals and State! Keep up the great work, and all of it will be worth it!