				9/21/19	at Richar	d Spring	Invitation	nal (De	tweille	r)			
								Varsity	Mile to	Last Year Last Year			Last Year
Athlete	Mile 1	2 Miles	Mile 2	Finish	Mile 3	Fr/So Place	Open Place	Place	Go	PL	Time	Split from #1	1 Difference
Ede, Morgan	5:39	11:54	6:15	18:06	6:12			29)	38	18:18		0:12:00
Zarembski, Maddie	5:42	12:06	6:24	18:32	6:26			47	,	15	17:42		-0:50:00
Allen, Naylah	5:46	12:15	6:29	18:47	6:32			67	,	12 F/S	19:15		0:28:00
Webb, Kara	5:51	12:21	6:30	18:52	6:31			73	3	209	20:12		1:20:00
Barroso, Ana	6:08	13:09	7:01	20:06	6:57	33				176 V	19:48		-0:18:00
Williams, Sydney	6:20	13:29	7:09	20:29	7:00			220)				
Goduto, Angie	6:23	13:43	7:20	20:29	6:46		24						
Amer, Maddi	6:20	13:28	7:08	20:33	7:05			224		57 F/S	20:29		-0:04:00
King, Hannah	6:08	13:21	7:13	20:35	7:14	56				61 F/S	20:34		-0:01:00
Ede, Molly	6:14	13:20	7:06	20:37	7:18	59				95 F/S	21:09		0:32:00
Salmeron, Emily	6:19	13:26	7:07	20:44	7:18		33						
Hartigan, Nicky	6:30	13:40	7:10	20:46	7:06	69							
McKillip, Emma	6:23	13:43	7:20	20:55	7:12		40			22 O	20:36		-0:19:00
Johnson, Meghan	6:36	13:47	7:11	21:05	7:18	83							
Garcia, Samantha	6:34	13:52	7:18	21:11	7:19		51			62 F/S	20:36		-0:35:00
Tago, Monse	6:29	13:48	7:19	21:16	7:28	94							
Juarez, Karina	6:30	13:57	7:27	21:26	7:29		66						
Allgaier, Leah	6:44	14:04	7:20	21:33	7:29			315	5	246	20:37		-0:56:00
Dunn, Katie	6:43	14:06	7:23	21:34	7:28	123				72 O	20:51		-0:43:00
Mendoza, Lili	6:47	14:25	7:38	22:06	7:41		109			13 O	20:21		-1:45:00
Schiltz, Maggie	7:18	14:58	7:40	22:12	7:14		114						
Murphy, Meghan	7:19	15:13	7:54	23:06	7:53		206			58 O	21:36		-1:30:00

Team Scores:								
Varsity		F/S			Open			
Downers Grove South	95	1	York	31	1	York	60	
Glenbard West	191	2	Downers Grove S	82	2	Glenbard W	110	
Claremont (CA)	212	3	Chatham Glenwood	100	3	Wheaton W	138	
Hinsdale Central	226	4	St. Charles East	171	4	Loyola	161	
York	255	5	Palatine	172	5	Palatine	191	
Oswego	300	6	Wheaton WS	211	6	Oswego Ea	194	
Wheaton Warrenville South	308	7	St. Joe Ogden	214	7	St. Ignatius	198	
Oak Park River Forest	330	8	Oswego East	250	8	Neuqua Vall	219	
Neuqua Valley	360	9	Neuqua Valley	301	9	Downers So	276	
St. Charles East	377	10	Glenbard West	308	10	Lane Tech	291	
O'Fallon	390	11	Lane Tech	325	11	Downers No	307	
Oswego East	422	12	Lincolnway East	329	12	Maine South	308	
Monticello	435	13	Downers Grove N	337	13	O'Fallon	308	
Hersey	438	14	Oswego	393	14	Oak Park Ri	401	
Palatine	438	15	St. Ignatius	417	15	Oswego	446	
Downers Grove North	475	16	Deerfield	420	16	Lake Zurich	491	
Geneva	523	17	Oak Park River Forest	425	17	Stanford Oly	493	
12 of 66			8 of 36			6 of 41		

th Notes: As individuals, some things went pretty ent for some of you. As a team, however, we did not orm even close to what we expected. The great thing at we are learning lessons early this season, and it is oo late to grow, improve, and fix what we need to Bottom line is that when we look at how the race e down, how we failed to get out of our comfort s, and how we did not run in our packs, we come to conclusion we did not have a good day. Many of you eason bests, but so many of you ran significantly er than you did at Detweiller last year. And we are a H improved team, so there is just no excuse for that. me to push past our limitations and expect more. A years ago, we would have been thrilled with a 12th e finish at this meet. We are holding you to higher dards, and that is a compliment to you. So don't be placent, don't be satisfied. Be ready to make moves get comfortable being uncomfortable. We can do Keep your heads up and let's keep working to eve our goals!